



Endoscopy Center of North Baltimore

**THE FOLLOWING DRUGS ARE NOT COMPATIBLE WITH THE VISICOL PREP. THE COMBINATION MAY CAUSE KIDNEY FAILURE. PLEASE OBTAIN PERMISSION FROM THE PRESCRIBING PHYSICIAN TO STOP THE MEDICATION FOR THE DAY OF THE PREP AND THE DAY OF THE PROCEDURE. THANK YOU**

captopril (Capoten) benazepril (Lotensin) enalapril (Vasotec) lisinopril (Prinivil, Zestril) fosinopril (Monopril) ramipril (Altace) perindopril (Aceon) quinipril (Accupril) moexipril (Univase) trandolapril (Mavik)

## **OSMOPREP PREPARATION FOR COLONOSCOPY**

**Total dose is 28 Osmoprep Tablets**

### **EFFECTS OF BOWEL PREPARATION**

These solutions will cause you to have repeated loose stools (diarrhea), which is the expected result. These solutions typically work within 30 minutes but may take as long as 3 hours to have an effect. During the preparation process, you are advised to have a bathroom nearby.

#### **At least one week prior to the examination:**

Please read all instructions carefully. Fill prescription for 28 Osmoprep tablets.

#### **One day prior to the exam:**

You may have a light breakfast. After breakfast begin a clear liquid diet . No solid foods, milk or milk products may be taken after breakfast.

**If you are to report before 10:00 AM**, begin taking your Osmoprep tablets at 4 PM

You will take a total of 20 tablets.

Take 4 tablets every 15 minutes with 8 oz. or more of clear liquid until you have taken



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20 tablets. The following morning, at 4:00 AM, take the remaining 8 tablets (4 tablets at a time) every 15 minutes with 8 oz of clear liquid.

(This will take only 15 minutes to complete).

**You can have nothing by mouth once this has been completed.**

**If you are to report after 10:00 AM,** begin taking your Osmoprep tablets at 7:00 PM

You will take a total of 20 tablets.

Take 4 tablets every 15 minutes with 8 oz. of clear liquid until you have taken 20 tablets.

The following morning, starting at 7:00 AM, take the remaining 8 tablets (4 tablets at a time) every 15 minutes with 8 oz. of clear liquid (This will take only 15 minutes to complete.)

**You can have nothing by mouth once this is completed.**

For each of your two dosing regimens, record the Osmoprep tablets that you have taken by checking the box after the dose is taken. Allow 15 minutes between each dose.

If the pills are too large, you may split the pills in half.

**First Dose**

**Second Dose**

Start date \_\_\_\_\_ Time \_\_\_\_\_

Start Date \_\_\_\_\_ Time \_\_\_\_\_

Dose 1 @ \_\_\_\_\_ 4 tablets ( )

Dose 1 @ \_\_\_\_\_ 4 tablets ( )

Dose 2 @ \_\_\_\_\_ 4 tablets ( )

Dose 2 @ \_\_\_\_\_ 4 tablets ( )

Dose 3 @ \_\_\_\_\_ 4 tablets ( )

Dose 4 @ \_\_\_\_\_ 4 tablets ( )

Total of 8 tablets

Dose 5 @ \_\_\_\_\_ 4 tablets ( )

Total 20 tablets